



Midge Pupa

| Item | Type | Options & Notes |
|-----------|---|--|
| Hook | Any caddis style hook 12-16. 14 & 16 most effective | Make sure the hook is a strong one. |
| Thread | Flat waxed | Green or black |
| Rib | Silver ultra wire | |
| Thorax | Peacock herl | |
| Breathers | Any white material that won't turn clear when wet | |

1. Lay down base of thread winding towards the bend while tying in ultra wire. Finish at bend.
2. Ensure thread is not twisted so as it lays flat and wind forward finishing halfway along where thorax will be.



3. Wind wire forward (opposite direction to thread) spacing equidistant apart until you get to thread and secure.



4. Tie in breathers. Make sure to leave space behind the eye as you will finish under the breathers.



5. Tie in two strands of herl at the rear of where thorax will start.
6. There are two ways to form the thorax with the herl. The first is to intertwine the herl with your thread. The second is to wind the thread forward, place super glue on top of thorax and wind the herl over it then

secure it at the front with thread. The later method builds a less bulky thorax. Finish under breathers behind hook eye.



Fishing Notes:

The other way to fish these flies is by hanging the pupa off of the klinkhammer midge (tie described separately) no more than 10 inches (25cm) but preferably 8. This method can be used in a spring or autumn midge hatch or during winter hunting for fish moving in the muddy bays, amongst dead thistles or other debris where they tend to mooch about in the cooler months.