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A lis strongly recommended that you wear an approved life jacket at all times CHECK LAKE STATUS CHECK LAKE STATUS CHECK Lake status on the Swim Guide Check the Check the Lake status on the Swim Guide Check the Check the Check the Check t

> Check the Lake status on the Swim Guide app



#### Lake Burley Griffin is a wonderful asset for all to enjoy in the National Capital

With the increasing number of watercraft users, at times the Lake can be busy, with small watercraft and commercial vessels sharing the space.

An understanding of the following safety recommendations (applicable to all watercraft) will help everyone to enjoy the Lake in safety.

#### Life jackets

It is strongly recommended that you wear an approved LIFE JACKET S at all times when enjoying Lake Burley Griffin.

#### Navigation lights/visibility

Between sunset and sunrise a **TORCH** is a minimum requirement for small craft and a white light visible in every direction is strongly recommended.

When fog, glare, smoke or darkness restrict your visibility ADJUST YOUR SPEED () accordingly.

#### Life buoys

**LIFE BUOY** boxes are located in swimming areas, jetties and high-use areas. Watercraft operators are asked to take care not to damage these boxes.

#### Lake conditions

- → The Lake may look calm, but conditions can change quickly. Strong winds can create choppy conditions making it dangerous for watercraft.
- → Be on the lookout for submerged trees and other snags, especially during changing weather conditions. These objects can move and/or change position.
- → Sudden immersion in cold water is potentially dangerous. The effects of cold water mean that even healthy, good swimmers can drown after a short period of time in the water. The risk of hypothermia can be exacerbated by a wind chill factor, even in the warmer months of the year. Wearing of life jackets, appropriate clothing and going out with a "buddy" is strongly recommended.

#### **National Capital Authority**

Treasury Building, King Edward Terrace Parkes ACT 2600 Australia (02) 6271 2888 info@nca.gov.au



ACT Water Police 6256 7777 or 000

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## STAY SAFE ON THE LAKE



Australian Government National Capital Authority

#### It is important to be clearly visible while on the water. Suggested precautions are to:

- Dress brightly
- → Keep a proper lookout
- → Operate watercraft during daylight hours or adhere to the night lighting requirements for small vessels
- → Stay close to the shore line
- → Keep to the starboard (right-hand) side of your course
- → Adhere to lighting requirements during mornings of thick fog

### Conduct a safety check before heading out:

- → Check the latest weather, and plan your trip accordingly
- → Check your equipment is in working order
- → Advise friends or family of your time of departure, return and proposed route
- → Carry a mobile phone in a waterproof pouch
- → Carry sufficient drinking water and sun protection
- → Dress appropriately for the conditions
- → Use a paddle or leg leash in windy conditions where applicable
- → Carry a noise maker of some kind (to attract attention) attached to the watercraft so it is not lost if the craft capsizes
- → Do not operate any watercraft when under the influence of drugs or alcohol.
- nca.gov.au
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- 🕑 @nca\_media
- NCA website nca.gov.au

Additional safety information

is available from the

